

Borth Rowing Club Procedures for night rowing

Before Launch

Senior members to arrange pick up of juniors (if rowing)

Ensure someone is left at the gate until all rowers have arrived (then lock gate)

Boats may only go out as long as there are senior members present (these are Martyn, Dave R, Sarah R, Rachel C)

Arrange for a shore contact (let them know how long you are out for, where you will be, how many people there are out with you)

Switch Radio on

Ensure you are aware of your radio call sign Borth Rowing 1 (old boat) Borth Rowing 2 (new boat)

Ensure you have sufficient lighting (test before launch) and safety equipment

Ensure all rowers are suitably dressed

Launching and whilst at sea

First boat launched must wait for 2nd boat to be on water and proceed out of harbour together (at safe working speed)

Once out of harbour limits operate at a safe distance apart (can be deceptive at night)

Re-entering harbour

Both boats to rendezvous at entrance

Ensure white light on Dons caravan is on your Starboard side (Cox's right)

Proceed at a slow pace and at a safe distance apart

Landing and post recovery

Land the boat into the flow of the tide to give more control

Let shore contact know you have returned

Senior members to ensure junior members get home